

I CAN DO IT![®]
At Sea

**JOURNEY OF THE SOUL
PROGRAM 2**

Featuring John Holland and Brian L. Weiss, M.D.

JULY 11-18, 2009

ALL SESSIONS WILL BE HELD IN THE WAJANG THEATRE - ENTRANCE ON DECK 5

SATURDAY 7/11

SEATTLE, WA ~ EMBARKATION

SUNDAY 7/12

AT SEA

7:30AM – 8:30AM

Ship Shape with Chris Rauchnot ~ (Lido Pool ~ Deck 8)

Exercise/Stretch (not in pool) Open to Everyone – Limited Space

9:00AM – 12:00PM

JOHN HOLLAND

12:00PM – 12:30 PM

JOHN HOLLAND BOOK SIGNING

MONDAY 7/13

IN PORT

7:30AM – 8:30AM

Ship Shape with Chris Rauchnot

11:00AM – 9:30PM

JUNEAU

TUESDAY 7/14

AT SEA

7:30AM – 8:30AM

Ship Shape with Chris Rauchnot

9:00AM – 12:00PM

BRIAN WEISS

12:00PM – 12:30PM

BRIAN WEISS BOOK SIGNING

WEDNESDAY 7/15

IN PORT

7:30AM – 8:30AM

Ship Shape with Chris Rauchnot

8:00AM – 4:00PM

SITKA

THURSDAY 7/16

IN PORT

7:00AM – 1:00PM

KETCHIKAN

7:30AM – 8:30AM

Ship Shape with Chris Rauchnot

FRIDAY 7/17

IN PORT

7:30AM – 8:30AM

Ship Shape with Chris Rauchnot

9:00AM – 12:00PM

BRIAN WEISS

3:00PM – 6:00PM

JOHN HOLLAND

6:00PM – MIDNIGHT

VICTORIA, BC

SATURDAY 7/18

SEATTLE, WA - DISEMBARK